



WE ARE HERE WHEN YOU NEED US

FREE, EVIDENCE-BASED, ONLINE THERAPY

designed for first responders and other public safety personnel (PSP)



WHAT OTHERS SAY...

99% agreed PSPNET was worth their time

99% would refer PSPNET to a friend

90% reported increased or greatly increased confidence in managing symptoms

Based on feedback from >1,000 clients

“I found the combination of education, encouragement, and progressive manageable skill building made a noticeable difference in my day-to-day life.”

SIGN UP TODAY BY VISITING
WWW.PSPNET.CA

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MEDAVIE

NOVA SCOTIA
NOUVELLE-ÉCOSSE

Prince Edward Island
CANADA

CIPSRT
Canadian Institute for Public Safety Research and Treatment



ICRTSP
Institut canadien de recherche et de traitement en sécurité publique

New Brunswick
Nouveau Brunswick
CANADA

Ontario

Québec